

Altone Park
leisure centre
term 4 program
2009



one city diverse places



www.cityofswan.com/altonepark

casual admission prices

health and fitness		
Gym	\$12.00	\$11.00 concession
Aerobics	\$10.00	\$9.00 concession
Aerobics (10 entries)	\$90.00	\$81.00 concession
Aqua Fitness Class	\$10.00	\$9.00 concession
Aqua Fitness (10 entries)	\$90.00	\$81.00 concession
aquatic		
Adult Swim	\$4.70	\$3.70 concession
Junior Swim		\$3.50
Children under 5 (must be accompanied in the water by full fee paying adult)		Free
Spectator		\$1.50
Family Swim Pass 2 Adults & 2 Children		\$14.00
Adult Swim and Spa	\$8.00	\$7.20 concession
Adult Swim Pass		10 entries - \$42.30 20 entries - \$84.60
Junior Swim Pass		10 entries - \$31.50 20 entries - \$63.00
Concession Swim Pass		10 entries - \$33.30 20 entries - \$66.30

crèche & holiday programs

Altone Park Leisure Centre operates a purpose built crèche with experienced staff to look after children between the ages of 8 weeks and 6 years whilst parents or carers are using the facilities.

Monday - Friday 8.45am - 12.00pm	\$2.80 per child/per hour (max 2hrs)
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Each School Holidays the Centre coordinates a licensed vacation care program for children aged 6 to 12 years. Please contact the Centre on 9377 6181 for specific details.

opening hours	leisure		aquatic centre		leisure and aquatic centre	
	mon - fri	sat/sun	mon - thurs	friday	sat/sun	public holidays
Oct - April	6am - 9pm		6am - 8pm	6am - 8pm	8am - 5pm	8am - 5pm
May - Oct	6am - 9pm		6am - 8pm	6am - 7pm	8am - 3pm	8am - 12pm

332 Benara Road, Beechboro
 t (08) 9377 6181
 f (08) 9377 6185
 e altone.park@swan.wa.gov.au

memberships

Four membership options available:
Gymnasium, Group Fitness, Aqua Fitness and Swim/Spa

months	off peak gym	1 option	2 option	all options
1	\$62.00	\$75.00	\$97.00	\$112.00
3	\$168.00	\$213.00	\$262.00	\$303.00
6	\$260.00	\$332.00	\$408.00	\$471.00
12	\$412.00	\$499.00	\$583.00	\$673.00
Direct Debit (12 Months)	\$39.50	\$47.50	\$54.50	\$61.50
Off Peak Hours	Monday - Friday		6.00am-4.00pm	
	Saturday & Sunday		8.00am-5.00pm	
junior gym memberships Available for 15-17 year olds. Conditions apply.				
Mon - Fri	3pm-6pm	\$55.00 per month		
Saturday	8am-12pm			

All gym memberships include free appraisal and fitness program.

health and fitness

activity	day	time	cost
Living Longer Living Stronger	Mon - Fri	11.00am-12.00pm book your appraisal now	\$5.80 (per session) \$50.00 appraisal
Active Seniors Circuit	Mon, Wed, Fri	10.00am-11.00am	\$5.00 (per session)
Bootcamp	Contact centre for times		\$140.00 (5 weeks)

lifestyle and wellbeing

All programs commence the week beginning 14 October 2009

activity	day	time	cost
Yoga	Tues Wed	7.15pm-8.45pm 10.00am-11.30am	\$100.00 (10 wks)
Pilates Beginners	Tues	6.00pm-7.00pm	\$100.00 (10 wks)
Tai Chi	Wed	11.30am-12.30pm	\$90.00 (10 wks)

kidz action

All programs commence the week beginning 14 October 2009
All term programs must be paid for upfront prior to commencing.
1 casual visit allowed.

activity	day	time	cost
3's Plus	Mon to Thur	12.30pm-2.30pm	\$120.00 (once p/w) \$200.00 (twice p/w)
Kindy Gym (1-2yrs)	Mon, Wed	9.45am-10.30am	\$75.00 (10 wks)
Kindy Gym (2-4yrs)	Mon, Wed	10.45am-11.30am	\$75.00 (10 wks)
Junior Gymnastics (3-5yrs)	Mon	11.45am-12.45pm	\$80.00 (10 wks)
Kidz Basketball (5-9yrs)	Thur	4.00pm-5.00pm	\$65.00 (10 wks)
Kidz Netta (5-9yrs)	Thur	4.00pm-5.00pm	\$65.00 (10 wks)
Kidz Soccer (5-9yrs)	Mon	4.00pm-5.00pm	\$65.00 (10 wks)
Junior Netball Competition	Tues	From 3.50pm	\$6.50 (per game)
Junior Basketball Competition	Sat	From 8.30am	\$6.50 (per game)
Sportslink (5-9yrs) Multi-Sport for children with a disability	Thur	5.15pm-6.15pm	\$65.00 (10 wks)
Swan Active Kidz (10-14yrs)	Mon, Wed	4.00pm-5.00pm	\$130.00 (10 wks)



senior sports

activity	day	time	cost
Mixed Netball	Mon, Tues	From 6.20pm	\$55.00 (nom/team) \$63.00/team
Ladies Netball	Mon, Tues	From 6.20pm	\$55.00 (nom/team) \$63.00/team
Mens Soccer	Mon, Tues	From 6.20pm	\$55.00 (nom/team) \$45.00/team
Social Badminton	Fri	From 6.30pm-9.00pm	\$6.00 (per person)

We invite requests for other sporting comps
eg: basketball, volleyball, ladies soccer.

swim school

All programs commence the week beginning 14 October 2009

program		cost
Baby and You	30 min classes	\$100.00 (10 wks)
Pre School	30 min classes	\$115.00 (10 wks)
School Age	30 min classes	\$111.00 (10 wks)
Dolphin Squad	Develop swim skills, fitness and friendship	\$111.00 (10 wks)
Adult Swim	45 min classes	\$135.00 (10 wks)
Junior Lifeguard	60 min classes	\$111.00 (10 wks)

Private lessons available upon request.
Swimmers of all abilities welcome,
lessons tailored to your needs.

Altone Park Leisure Centre encourages people with disabilities to access our facilities.

All prices and times are valid from 12 October 2009.